Contents

Acknowledgments A Prefatory Inquiry

ix xiii

PART ONE: Foundations of a Science of Human Nature

CHAPTER 1: The Quest for the Natural 3

CHAPTER 2: Adaptation 11

CHAPTER 3: The Crucible 29

CHAPTER 4: The Fabric of Meaning 54

CHAPTER 5: The Several Humours 71

CHAPTER 6: The Beast with Two Backs 91

CHAPTER 7: The Well of Feeling 120

CHAPTER 8: Logos 145

PART TWO: Of Human Frailty

CHAPTER 9: Rage 175

CHAPTER 10: Fear 204

CHAPTER 11: Joy 236

CHAPTER 12: Lust 259

CHAPTER 13: Love 297
CHAPTER 14: Grief 337

CHAPTER 15: Gluttony 376

ART THREE: The Modification of Behavior

CHAPTER 16: Change 405

CHAPTER 17: The Invisible Galaxy 434

ART FOUR: Human Nature and the Human Future

CHAPTER 18: The Prospect 467

ART FIVE: The Tangled Wing

CHAPTER 19: The Dawn of Wonder 485