

Contents

Preface ix

Acknowledgments xi

1. Overview 1

2. Dialectical Meaning-Making in Infancy 17

3. A Good Object Must Be Found in Order to Be Created 31

4. The True Self and False Compliance 49

5. We Are Essentially Isolates, with the Capacity
to Be Alone 67

6. Using Objects and the Capacity to Hate 85

7. Integrating Theory with Therapy: The Case of Bob 101

8. The Meaning and Power of Play 119

9. The Mind, the Body, and the World of
Transitional Phenomena 139

10. Hate in the Countertransference 161
11. The Antisocial Tendency 177
12. The Aims of Psychoanalytic Treatment 195
13. Winnicott as Therapist More Than Theorist 213
- Bibliography 229
- Index 233
- About the Author 237