

Contents

Preface	v
Acknowledgments	vi
1 Personality: Normal and Abnormal GORDON W. ALLPORT	1
2 Psychological Vitality: An Attempt at Philosophical Definition FRANK BARRON	16
3 Adult Growth and Emotional Maturity ROBERT W. WHITE	22
4 Growth and Crises in the Healthy Personality ERIK H. ERIKSON	30
5 A Theory of Metamotivation: The Biological Rooting of the Value-Life A. H. MASLOW	35
6 To Be and Not To Be: Contributions of Existential Psychotherapy ROLLO MAY	57
7 The Absolute and the Relative: Two Aspects of Dynamic Experience JAMES B. KLEE	74
8 A Theoretical Model for Personality Studies ANDRAS ANGYAL	85
9 The Psychology of the Scientists ANNE ROE	91

10	The Psychology of Natural Childbirth DEBORAH TANZER	101
11	The Ecology of Imagination in Childhood EDITH COBB	112
12	Psychoanalysis and Zen Buddhism ERICH FROMM	119
13	The Forgotten Man of Education LAWRENCE S. KUBIE	126
14	Perception as Creative Experience: Critique of the Concept of Regression in the Service of the Ego ERNEST G. SCHACHTEL	137
15	Education on the Nonverbal Level ALDOUS HUXLEY	150
16	Student-Centered Teaching as Experienced by a Participant CARL R. ROGERS AND SAMUEL TENENBAUM	166
17	Search for Authenticity: Clinical Observations J. F. T. BUGENTAL	182
18	A Life of One's Own MARION MILNER (JOANNA FIELD)	186
19	I Resolve to Become a Jungle Doctor ALBERT SCHWEITZER	202
20	Productivity and Existence MARTIN BUBER	211