

Contents

PREFACE TO THE SECOND EDITION.....	vii
INTRODUCTION	xi
1. Altered States of Consciousness	
STANLEY Krippner.....	3
2. The Search for Ecstasy	
From MIND ALIVE.....	9
3. The Supra-Conscious State	
KENNETH WALKER	17
4. States of Consciousness	
ROGER W. WESCOTT.....	21
5. Visionary Experience	
ALDOUS HUXLEY	37
6. The Perennial Philosophy	
ALDOUS HUXLEY	59
7. From Self to Cosmic Consciousness	
RICHARD M. BUCKE	79
8. Self-Transcendence and Beyond	
ROBERT S. DE ROPP	93

9. Transcendental Experience

R. D. LAING 103

10. Mystical States and the Concept of Regression

RAYMOND PRINCE and CHARLES SAVAGE 113

11. The Mystical Experience: Facts and Values

CLAIRE MYERS OWENS 133

12. Mysticism and Schizophrenia

KENNETH WAPNICK 151

13. On Creative, Psychotic and Ecstatic States

ROLAND FISCHER 173

14. Psychotherapy and Liberation

ALAN W. WATTS 193

15. Zen Buddhism: A Psychological Review

EDWARD W. MAUPIN 201

16. The Psychology of Mysticism

U. A. ASRANI 221

17. The Ecstasy of Breaking-Through in the

Experience of Meditation

LAMA ANAGARIKA GOVINDA 235

18. Drugs and Mysticism

WALTER N. PAHNKE 251

19. LSD and Mystical Experiences

G. RAY JORDAN, JR. 269

CONTENTS

20. Transcendental Meditation	
STUDENTS INTERNATIONAL MEDITATION SOCIETY and DEMETRI P. KANELAKOS	285
21. The Experimental Induction of Religious-Type Experiences	
JEAN HOUSTON and ROBERT E. L. MASTERS	293
22. Meditation and Biofeedback	
DURAND KIEFER.....	311
23. Trance Dance	
ERIKA BOURGUIGNON	319
24. Transpersonal Potentialities of Deep Hypnosis	
CHARLES T. TART	331
25. The "Core-Religious" or "Transcendent" Experience	
ABRAHAM MASLOW	339
26. In Search of the Miraculous	
P. D. OUSPENSKY	351
27. Introduction to the Tao Te Ching	
ARTHUR WALEY	365
28. Death and Renewal	
RICHARD WILHELM.....	375
29. The Resurrection of the Body	
NORMAN O. BROWN	399
30. The Mystic Union: A Suggested Biological Interpretation	
ALEXANDER MAVEN	409

31. This Is It

ALAN W. WATTS 145

32. From The Magus

JOHN FOWLES..... 429

**33. Postscript: Psychical Research in Relation
to Higher States of Consciousness**

W. G. ROLL 433

SUGGESTIONS FOR FURTHER EXPLORATION 447

ABOUT THE AUTHORS 459